

Self Harm and Suicide Prevention Action Plan 2023 2025

March 4th Review Workshop

Reflections Survey

Please join the Menti using the QR-code or code on the top of the screen

What does your organisation do that includes suicide prevention?

Peer support

Signposting

Crisis line

Talking therapies

Signposting to services,
mental health
awareness sessions

Crisis cafes

Raising awareness at a
strategic level within the
Council and wider health
and care system

We are a Suicide
Bereavement charity and
we know that postvention
support is also prevention

What does your organisation do that includes suicide prevention?

Wellness and recovery plans

We promote schools to use the suicide prevention guidance and complete training.

Support those within mental health services who may be suicidal or affected by suicide. This is encompassed in our organisations Suicide Prevention Strategy

Ongoing work with residents and carers AMHP/ Mental health service Workforce trained in conversations about suicidal thoughts

Harm reduction advice

The Martin Gallier Project is a suicide prevention, intervention & postvention charity that offers immediate access to non-clinical support to anyone impacted by suicide over the age of 16

We integrate CNEST into our triage with CYP.

Cheshire Polcie - We deliver suicide first aid training to anyone in force. We now have 2 x trainers We also deliver MHFA training.

What does your organisation do that includes suicide prevention?

Raising awareness, signposting

Beacon Counselling Trust provide early intervention, education and treatment for gambling related harms across the North West.

Supporting regional implementation of national policy (and feeding information back to inform policy priorities), and sharing learning and best practice across North West

We are not commissioned to do any direct work with clients. We raise awareness of the needs of our community

Multi- agency iHV Perinatal and infant mental health training, Fathers and Perinatal Mental Health Training and LGBTQI+ and Perinatal Mental health training delivery as iHV Champions

Welfare officer Works with NGBs to ensure sport coaches are informed on signposting and safeguarding officers are equipped to support

Monitor RTS, suicide audit both to highlight areas of concern in terms of clusters methods ages, occupations etc. JSNA,

Early intervention and prevention work through counselling, mentoring, group work. Safety planning in our one to one work

What does your organisation do that includes suicide prevention?

Speak to families who are suffering bereavement and offer counselling and signpost others agencies such as papyrus.

We promote and empower schools to become trauma informed and mentally healthy places for all CYP

Policy, signposting, working closely with partner organisations, clear pathways, safeguarding oversight if required

Mentell contributes to suicide prevention through several key initiatives. Facilitating Peer Support Groups and Community Awareness raising the main two.

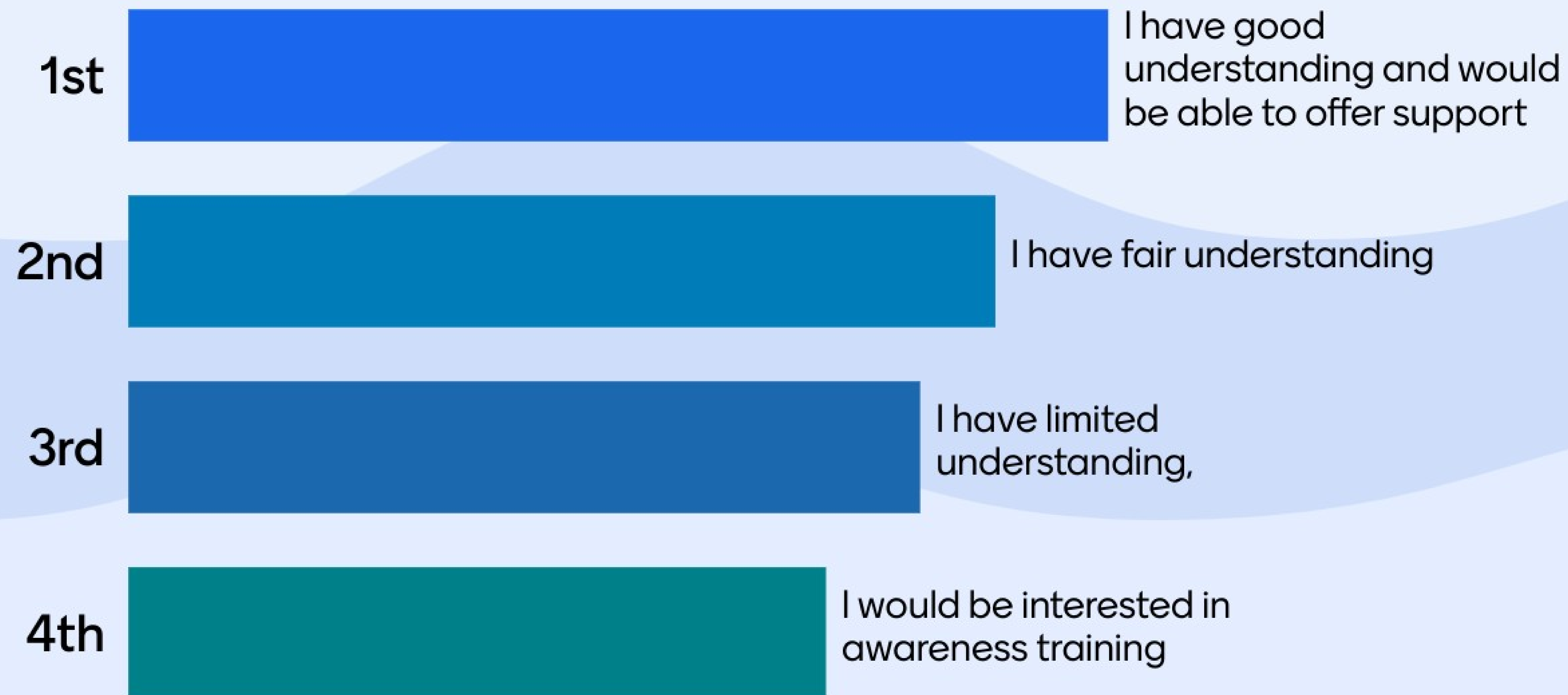
Embed healthy lifestyle coaches in CWP SMI MDT in the community

We haven't really considered within landscape and urban design, we tend to focus on safety

The Healthy Young Minds services support children and young people at an early intervention and prevention stage to help them to develop awareness/coping strategies to help prevent suicide .

0-19 Practitioners utilise NICE guideline screening questions at mandated contacts within Healthy Child Programme. Practitioners assess risk and screen for GAD and Depression at 0-12 month contacts.

What is your understanding on self harm behaviour?



Is there any work that you are involved in or aware of that hasn't been captured in the plan?

Nothing.

Does this involve private schools as well as state schools?

Not involved in any particular project Carers is an area which I think would benefit from focus

Launch of the CWP Suicide Prevention Strategy and Implementation Plan and their continued involvement/representation in the CE Suicide Prevention Group and suicide prevention as a whole within CE

Yes, could you capture work around Perinatal and Infant Mental Health within Governance, Men and Children. iHV Perinatal and Infant Mental Health Training is delivered multi-agency across CE.

High levels of suicidal ideation in parent carers of CYP and Adults

Not at this time

Partnership between The Martin Gallier Project & CWP urgent response teams to support those impacted by suicide

Is there any work that you are involved in or aware of that hasn't been captured in the plan?

Women in complex households have the highest rate of presentation in A&E for self harm/ suicidal behaviour

All looks good, and given the stats, continuing to have men as one of the areas of focus seems sensible.

Nothing more to add

Parental MH being key in prioritising children. Children of parents with mental health problems are at significantly higher risk of engaging in self-harm and suicide behaviours.

It would be good to see further focus on gambling related harms, whilst it is mentioned as a risk factor under addictions. We deliver a number of prevention programmes for professionals and YP

The main minority groups are not currently included in the action plan. Their needs must be considered across all elements of the plan

Although suicide rates are higher in men suicide attempts during a lifetime is higher in women

CYP Screen time and sleep and using physical health for an improved emotional wellbeing and mental health

Is there any work that you are involved in or aware of that hasn't been captured in the plan?

Possibly to link up with the Cheshire Agricultural Chaplaincy
<https://www.agchap.com/>
which is a Cheshire & Wirral offering 24:7 support to the farming community including mental health support

Could Wirral Community Health and Care NHS Foundation Trust 0-19 Service be added as inputting within Governance and Leadership.

Suicide remains leading cause of maternal death between 6 weeks and 1 year postnatally (MBRRACE Summary 2024)
Training and work undertaken around this will be important to add.

NSPS identified that many men who attempt suicide are in contact with their GP prior to their death, is there work to strengthen awareness and support pathways between 1st care and VCSFE providers?

Care leavers

What happens next?

Any questions / comments / suggestions ?

No, thank you for sharing the information and links.

What happens next?

great update on achievements and plans - Healthy Young Minds looks forward to working with the Partnership via the Alliance's thematic self harm group, to support the future plan 25/27



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